

Uncertainty Contributors in CTDI Benchmarking

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INTRODUCTION

Computed Tomography Dose Index (CTDI) is the standard metric used to characterize radiation output from CT scanners and serves as the foundation for scanner acceptance testing, quality assurance (QA), accreditation, protocol optimization, and dose benchmarking.

Although CTDI measurement methodology is well standardized by national and international guidelines, practical implementation can vary between institutions and physicists.

Small differences in phantom positioning or measurement technique are often assumed to have negligible effects, yet these factors may introduce systematic errors into measured CTDI values and compromise the accuracy of scanner benchmarking.

Understanding these sources of variability is essential for ensuring reproducible measurements and meaningful comparison of CT performance across scanners and institutions.

This study investigates two practical sources of CTDI measurement uncertainty, namely phantom placement geometry and peripheral sampling strategy, and quantifies their impact on CTDI measurements under routine clinical conditions.

OBJECTIVE

To quantify the uncertainty introduced by phantom positioning and peripheral sampling strategy during CTDI benchmarking and evaluate their impact on measurement accuracy and reproducibility.

Acknowledgements:

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METHODS AND MATERIALS

CTDI Measurements

- CTDI measurements of adult head and abdomen protocols were performed on multiple clinical CT scanners using a 16-cm head phantom and a 32-cm body phantom.
- A 100-mm pencil ionization chamber and calibrated electrometer were used following the standard CTDI measurement methodology.

Phantom Placement Study

Adult head CT protocols were measured using two phantom positioning methods:

- Manufacturer-supplied head holder
- Directly on the patient table

For each setup, CTDI measurements were obtained at:

- Center
- 12 o'clock
- 3 o'clock
- 6 o'clock
- 9 o'clock

Mean peripheral CTDI, $CTDI_w$, $CTDI_{vol}$, and DLP were calculated and compared.

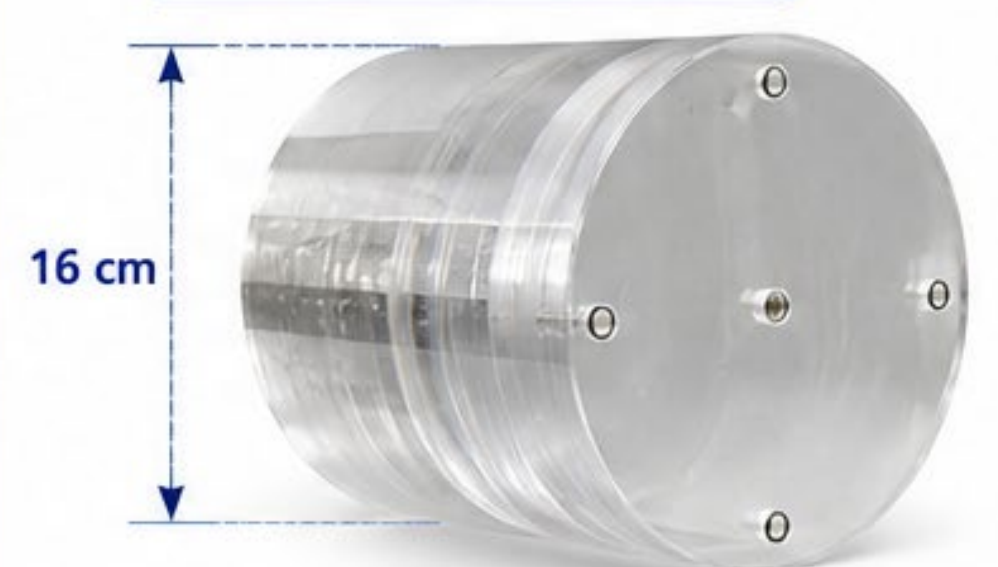
Peripheral Sampling Study

- To evaluate angular sampling uncertainty,
- Peripheral CTDI measurements from each individual position were analyzed independently.
 - Results from each peripheral location were compared with the average of all four peripheral measurements.
 - The effect of using a single peripheral measurement on $CTDI_w$ and $CTDI_{vol}$ was quantified.

CTDI PHANTOMS AND ION CHAMBER

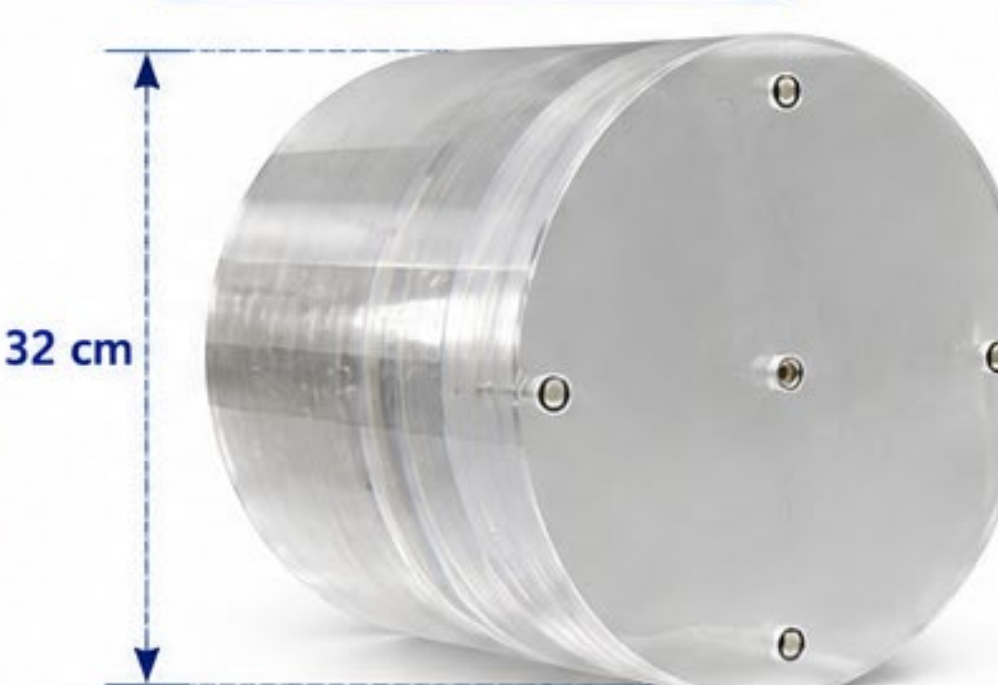
Standard acrylic CTDI phantoms used for dose measurements with a 100-mm pencil ionization chamber.

16-cm HEAD PHANTOM



- Diameter: 16 cm
- Length: 15 cm
- Material: Acrylic (PMMA)
- Used for head CT protocols

32-cm BODY PHANTOM



- Diameter: 32 cm
- Length: 15 cm
- Material: Acrylic (PMMA)
- Used for body CT protocols

100-mm PENCIL ION CHAMBER



CTDI measurements are performed using a 100-mm pencil ionization chamber inserted into the phantom measurement holes.

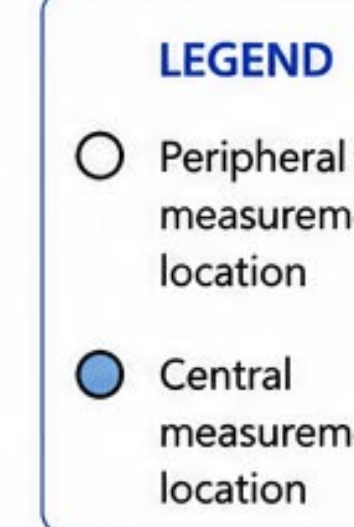
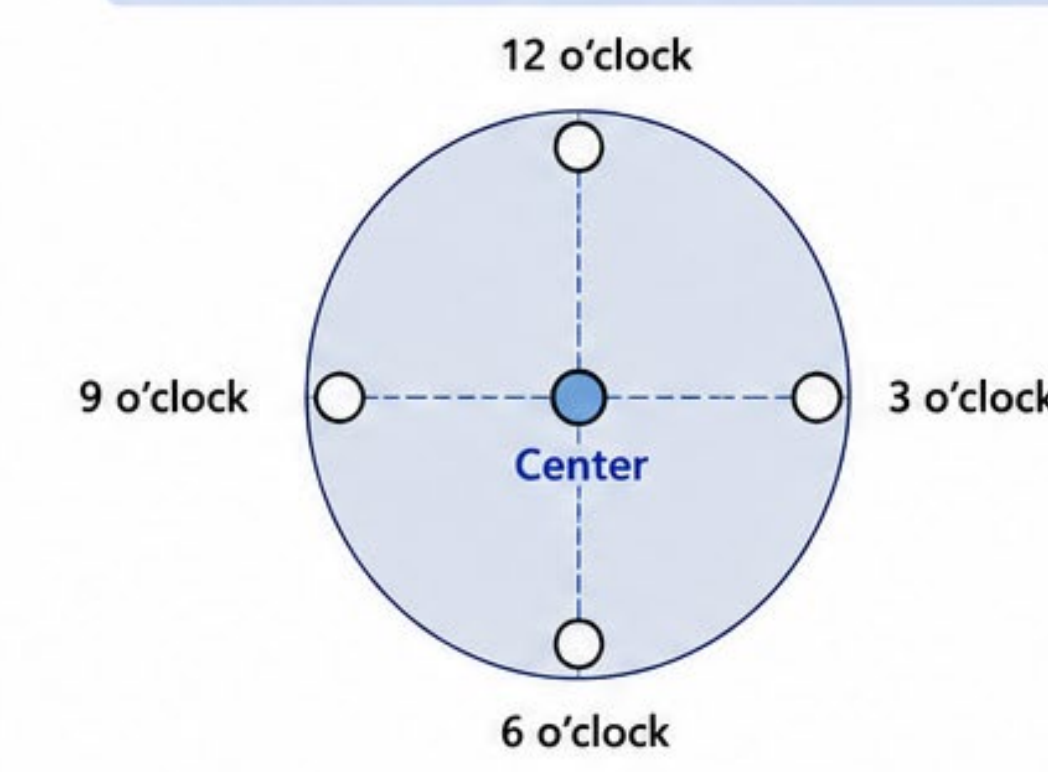
Figure 1. Standard CTDI phantoms and 100-mm pencil ionization chamber used for CT dose measurements. A 16-cm diameter head phantom and a 32-cm diameter body phantom composed of polymethyl methacrylate (PMMA) were used to perform CTDI measurements following the standard CTDI methodology. A calibrated 100-mm pencil ionization chamber was inserted into the phantom measurement holes to acquire CTDI data.

METHOD AND MATERIALS

CTDI MEASUREMENT LOCATIONS

CTDI measurements are performed at one central location and four peripheral locations at 12, 3, 6, and 9 o'clock positions.

16-cm HEAD PHANTOM (Axial View)



32-cm BODY PHANTOM (Axial View)

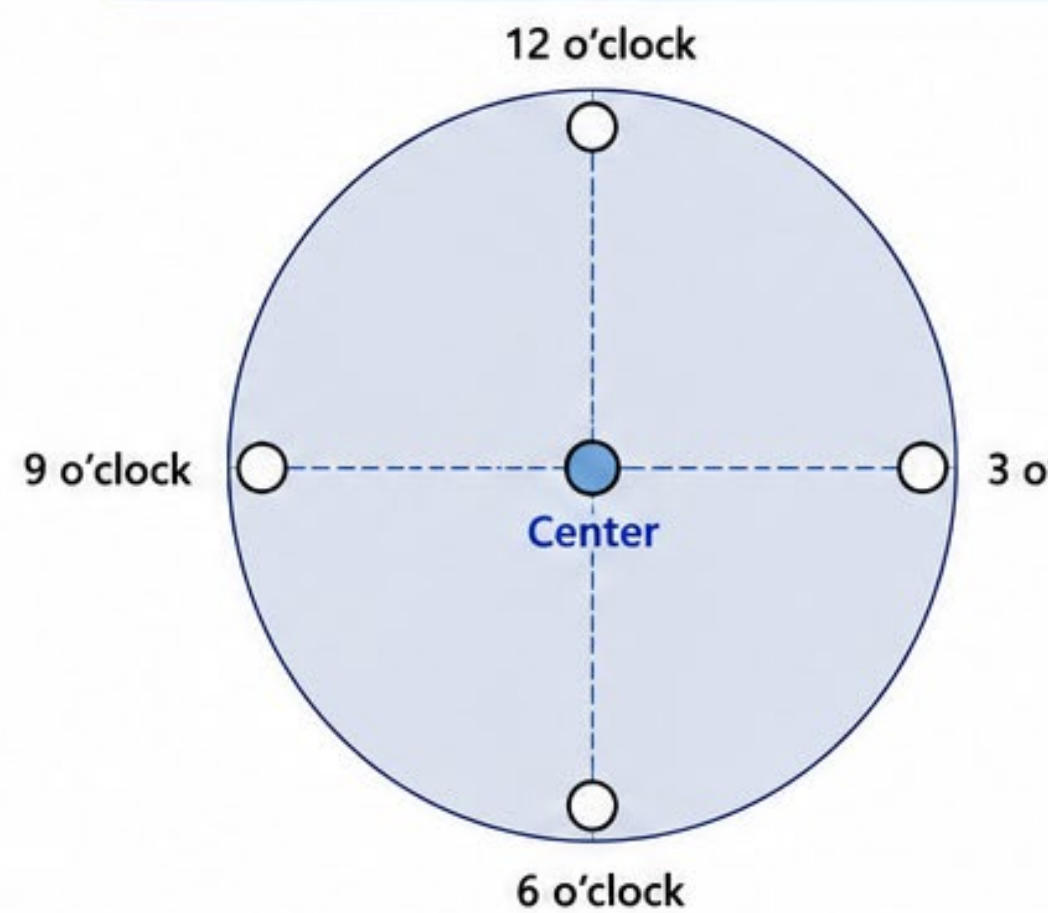


Figure 2. Standard CTDI measurement geometry showing the center and four peripheral measurement locations (12, 3, 6, and 9 o'clock) for the 16-cm head and 32-cm body CTDI phantoms. CTDI measurements were obtained at all five locations, and the average peripheral measurements were used for calculations.

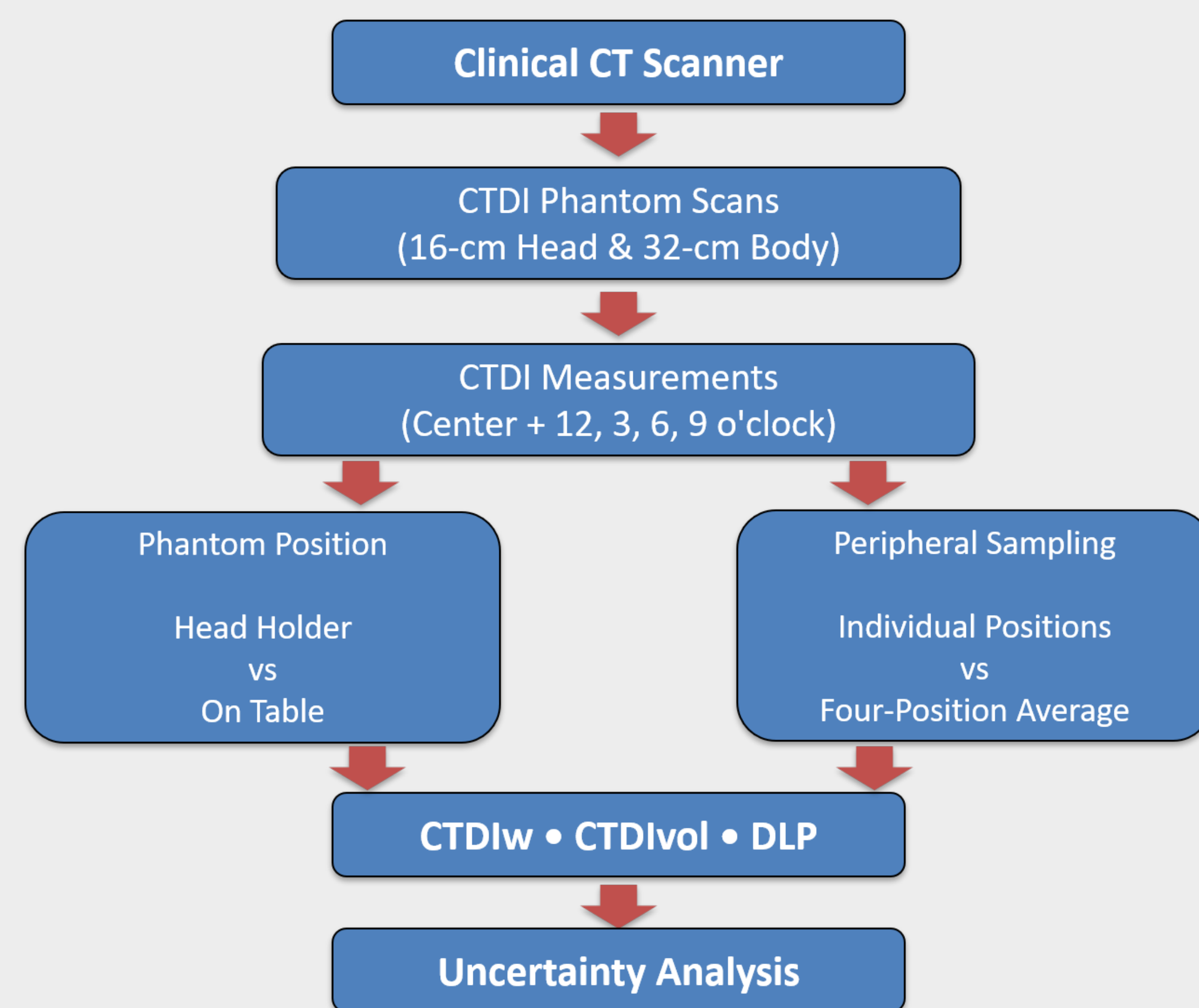


Figure 3. Experimental workflow illustrating the CTDI measurement procedure and subsequent evaluation of phantom placement and peripheral sampling on CTDI uncertainty.

RESULTS

Metric	Head Holder	On Table	Percent Difference
Mean Peripheral CTDI (mGy)	24.52	23.33	-5.1%
CTDI _{vol} (mGy)	24.53	23.39	-4.9%
DLP (mGy.cm)	429.3	409.2	-4.9%

Table 1. Effect of 16-cm head phantom placement on CTDI metrics - head holder vs table.

Peripheral measurement position	Peripheral CTDI _w (mGy)	Calculated CTDI _{vol} (mGy)	% difference from scanner displayed CTDI _{vol}
12 o'clock	652.1	23.2	7.35
9 o'clock	609.9	20.8	3.81
6 o'clock	491.2	17.3	19.76
3 o'clock	603.3	20.6	4.69

Table 2. CTDI_w measurements (for one of the scanners) made at different peripheral positions in the 32-cm body phantom, demonstrating, for each measurement, the discrepancies compared to the scanner's displayed CTDI_{vol}.

RESULTS

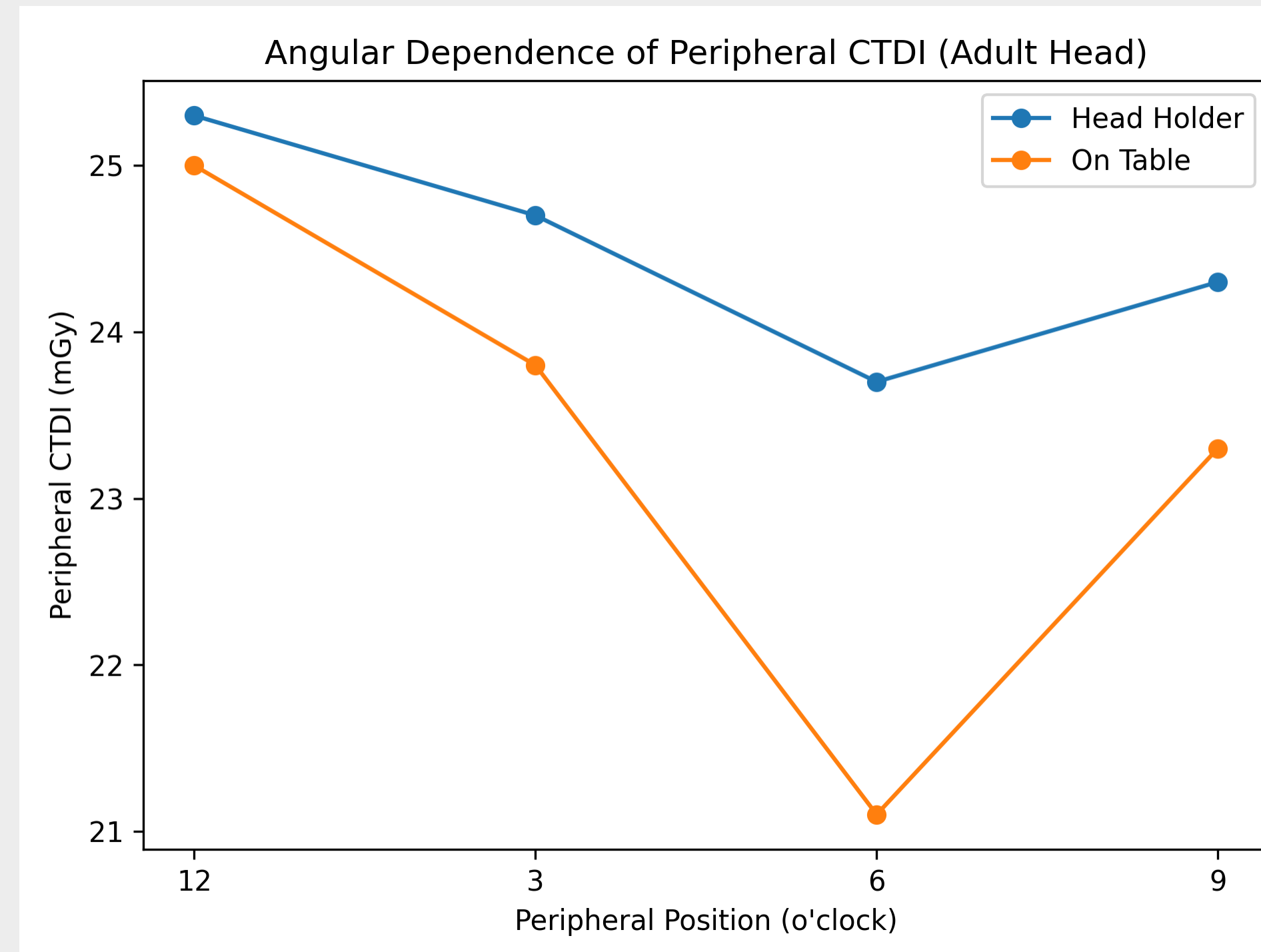


Figure 3. Angular dependence of Peripheral CTDI.

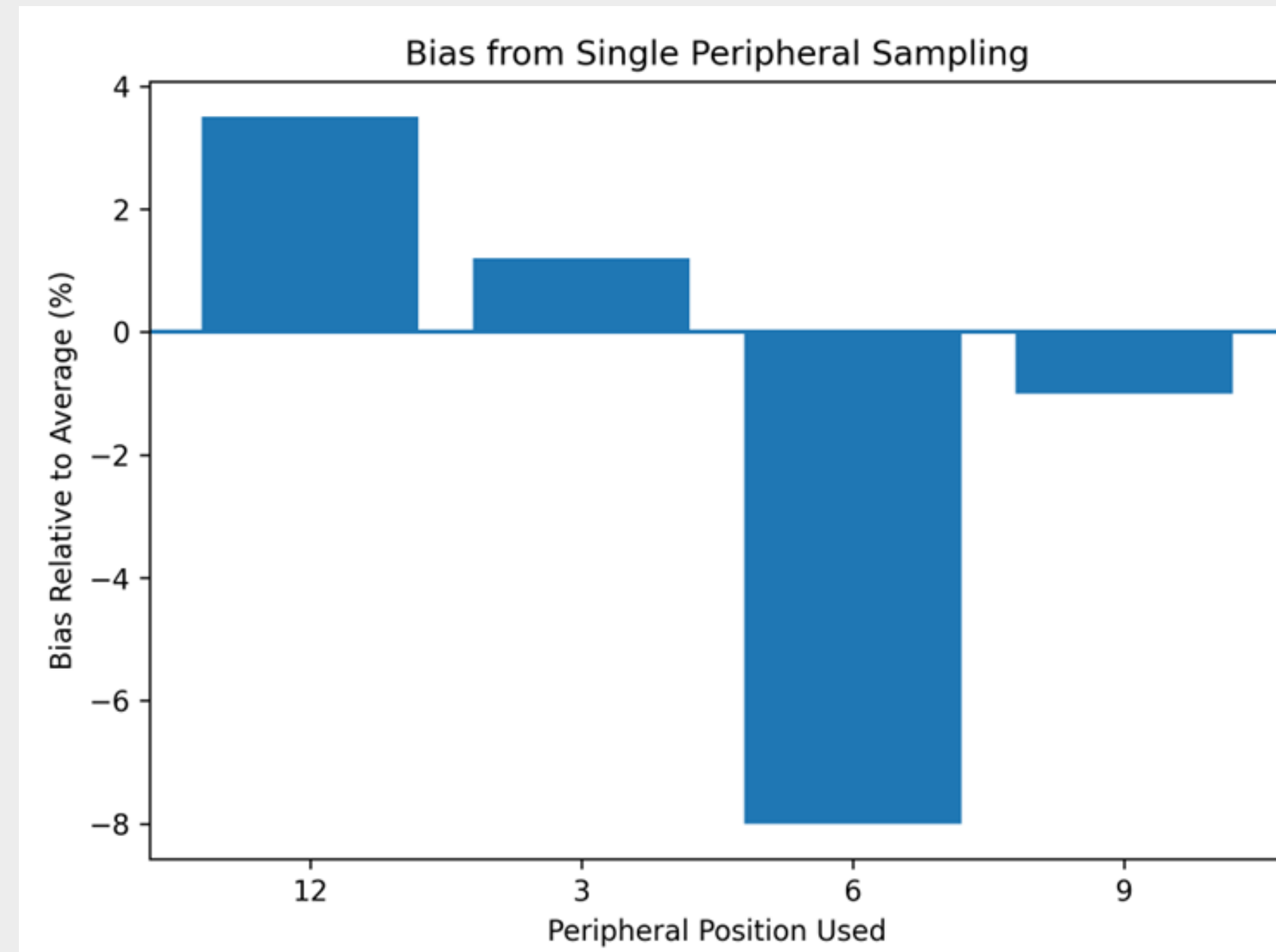


Figure 4. Bias Introduced by single peripheral sampling.

KEY FINDINGS & CONCLUSIONS

- Phantom placement directly on the patient table underestimated $CTDI_{vol}$ and DLP by approximately 5%.
- The 6 o'clock peripheral position consistently measured the lowest CTDI because of attenuation by the patient table.
- Individual peripheral measurements introduced systematic angular bias and should not be used as a substitute for averaging all four peripheral locations.
- The combined effects of phantom placement and simplified peripheral sampling can introduce measurement uncertainties exceeding 10% during CTDI benchmarking.

TAKE-HOME MESSAGE

- Consistent phantom positioning and complete four-point peripheral averaging are critical for minimizing uncertainty and ensuring reliable CTDI benchmarking across clinical CT systems.

REFERENCES

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