

A GPU-Based Multi-Criteria Optimization Algorithm for LDR Brachytherapy

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CONTEXT

Low-dose-rate (LDR) prostate brachytherapy uses permanent radioactive seed implants to treat the tumor. Treatment planning is a multi-criteria optimization (MCO) problem that balances target coverage against dose to the urethra, rectum, and bladder.

Conventional inverse-planning methods generate a single plan based on predefined dose objectives and priorities.

- Result is sensitive to these choices;
- Users need to adjust the optimization parameters;
- Process repeated until a valid plan is obtained.

This iterative tuning is time-consuming, user-dependent, and does not guarantee that the most clinically suitable plan is found.

Building on the original gMCO framework¹, gMCO-seed generates up to 1000 plans in one minute using GPU-based optimization, ➤ rapid exploration of clinical trade-offs while reducing planning time and user dependence.

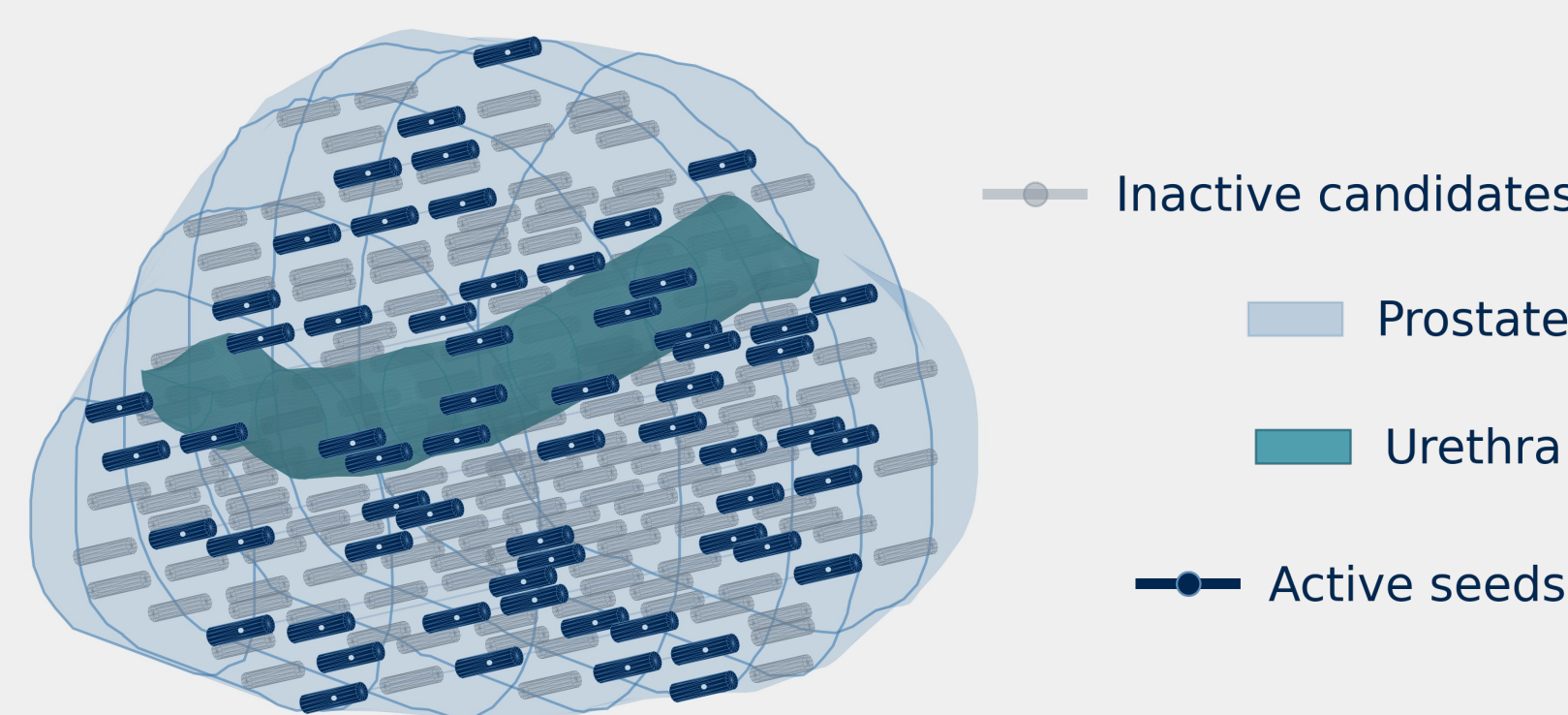


FIG. 1 The prostate LDR planning problem. The optimizer chooses which seed positions to turn on.

OBJECTIVES

1. Develop and benchmark gMCO-seed, a GPU multi-criteria optimizer for LDR prostate brachytherapy.

2. Raise the yield of clinically acceptable plans with patient-specific cost functions.

METHODS

Optimizer. gMCO-seed: GPU simulated annealing (gSA), TG-43 dose², I-125 SelectSeed, NVIDIA RTX 5090 GPU.

Cohort. 200 retrospective cases: 3000 random hidden-weight draws per case at each of three target dose-max objectives (259 / 230 / 216 Gy), locating every case's optimal weight center and spread.

Model. Hidden weights are a composition

- Statistics use isometric log-ratio (ilr) coordinates: $\text{ilr}(w) = f(\text{geometry}) + g(\text{dose})$, ridge regression³ on 31 geometry features.
- Scored by 10-fold grouped cross-validation.

Validation. 60 cases re-optimized from scratch, 1000 plans/case, each using a center predicted out-of-fold by a model that never saw that patient.

Yield. Percentage of generated plans that meet all institutional objectives (see Table 1).

Table 1 Pre-implant institutional objectives

Metric	Objective	Metric	Objective
Target V100	> 98%	Urethra D5	< 205 Gy
Target V150	62-68%	Urethra V150	0%
Target V200	30-35%	DIL V150	> 95%
Target D90	180-190 Gy		

RESULTS & DISCUSSION

1 PERFORMANCE BENCHMARK

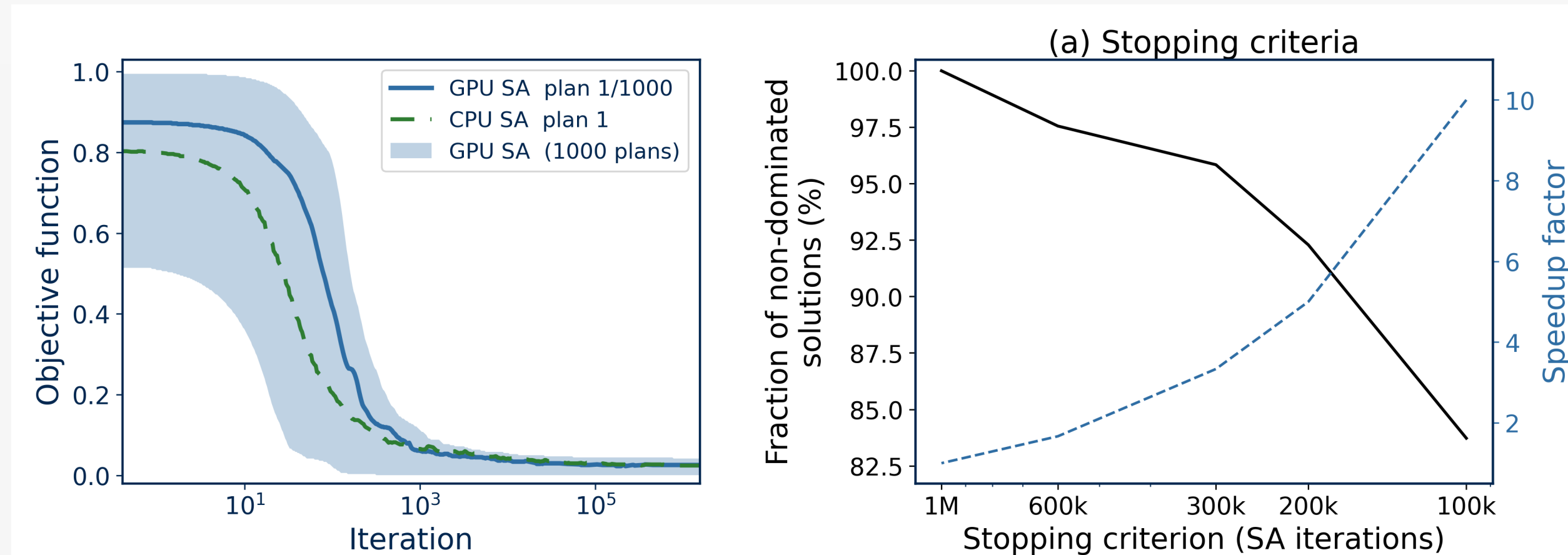


FIG. 2 Objective-function convergence for 1000 GPU plans versus a single CPU plan (left). Tradeoff between Pareto optimality and speedup factor of the optimization time (right). Mean time to generate 1000 plans (300k iterations/plan) : (62 ± 5) s.

2 OBJECTIVE FUNCTION AND CLASS SOLUTIONS

$$f_{ij}(d_{ij}) = \begin{cases} w_j^{\min}(D_j^{\min} - d_{ij}) & d_{ij} < D_j^{\min} \\ 0 & D_j^{\min} \leq d_{ij} \leq D_j^{\max} \\ w_j^{\max}(d_{ij} - D_j^{\max}) & d_{ij} > D_j^{\max} \end{cases}$$
$$F = \sum_{j=1}^{N_o} \frac{1}{N_{\text{pnt},j}} \sum_{i=1}^{N_{\text{pnt},j}} f_{ij}(d_{ij})$$

Notation

- d_{ij} point dose
- $D_j^{\min}, D_j^{\max}$ dose-window limits
- $w_j^{\min}, w_j^{\max}$ tunable penalty slopes
- $N_{\text{pnt},j}$ points in organ
- N_o optimized organs
- f_{ij} point penalty
- F plan cost

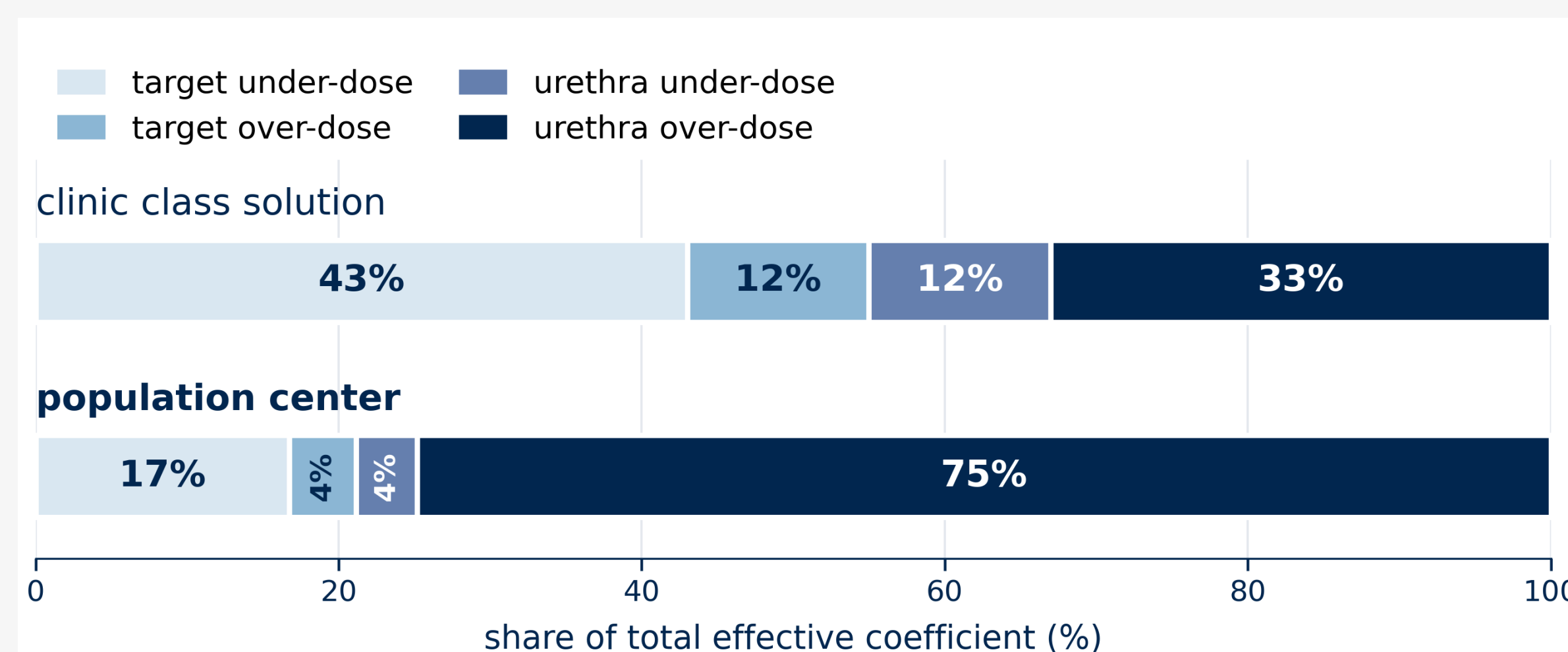


FIG. 3 Point-wise dose penalty and plan cost F (top). Effective coefficients of the two class solutions (bottom): the population center is urethra-dominated.

At our clinic, the current cost function targets the wrong region. A urethra-heavy cost function better controls overdoses and directs plans into the clinical objective box. Lowering the target dose maximum from 259 Gy (180% Rx) to 216 Gy (150% Rx) further improves overdose control and plan yield.

3 PATIENT-SPECIFIC SAMPLING

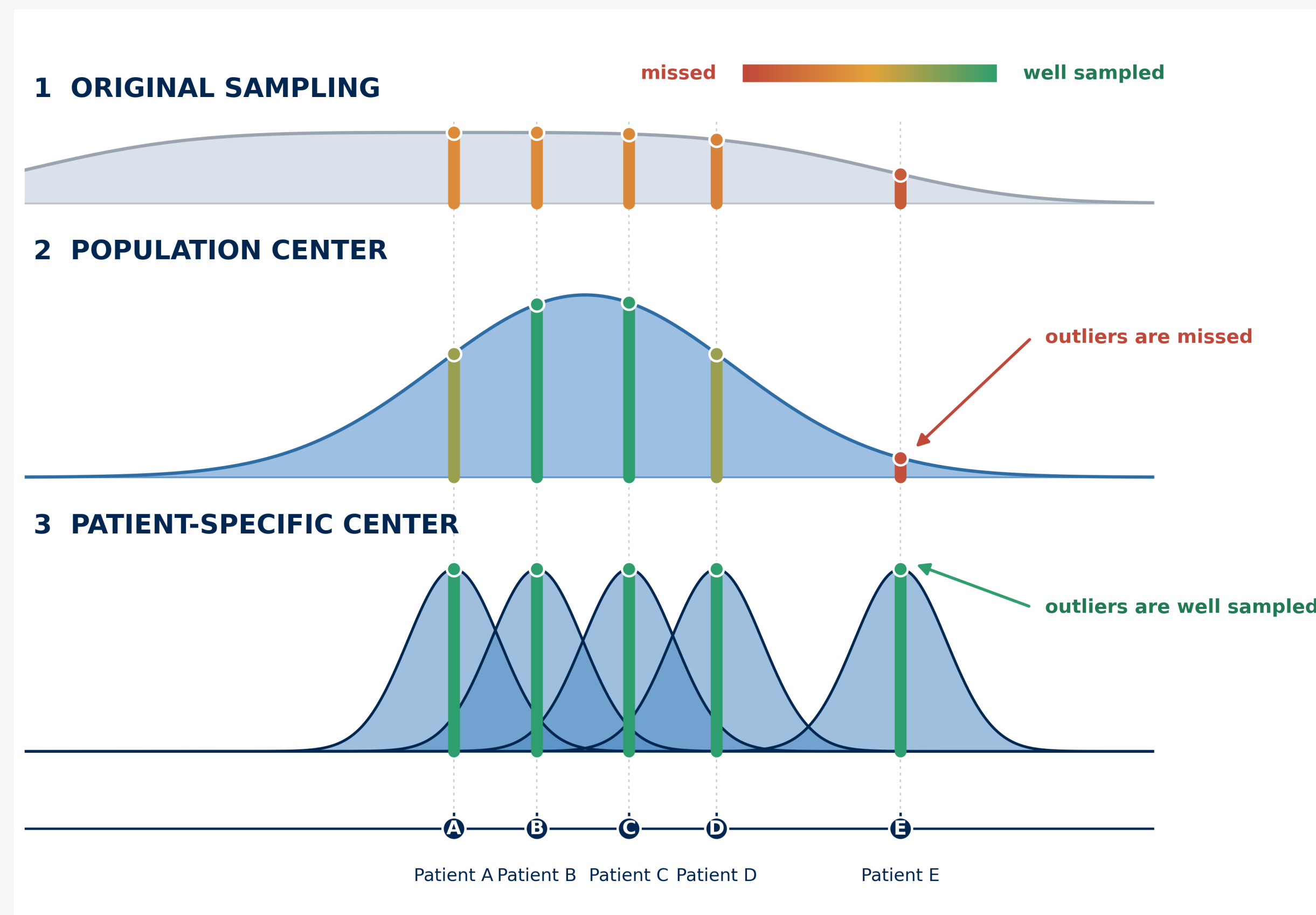


FIG. 4. Effect of tunable penalty-slope $w_j^{\min}, w_j^{\max}$ sampling on plan-yield robustness. Patient-specific centering ensures consistent sampling across the cohort, including for outlier patients.

4 EFFECT OF THE SAMPLING WIDTH

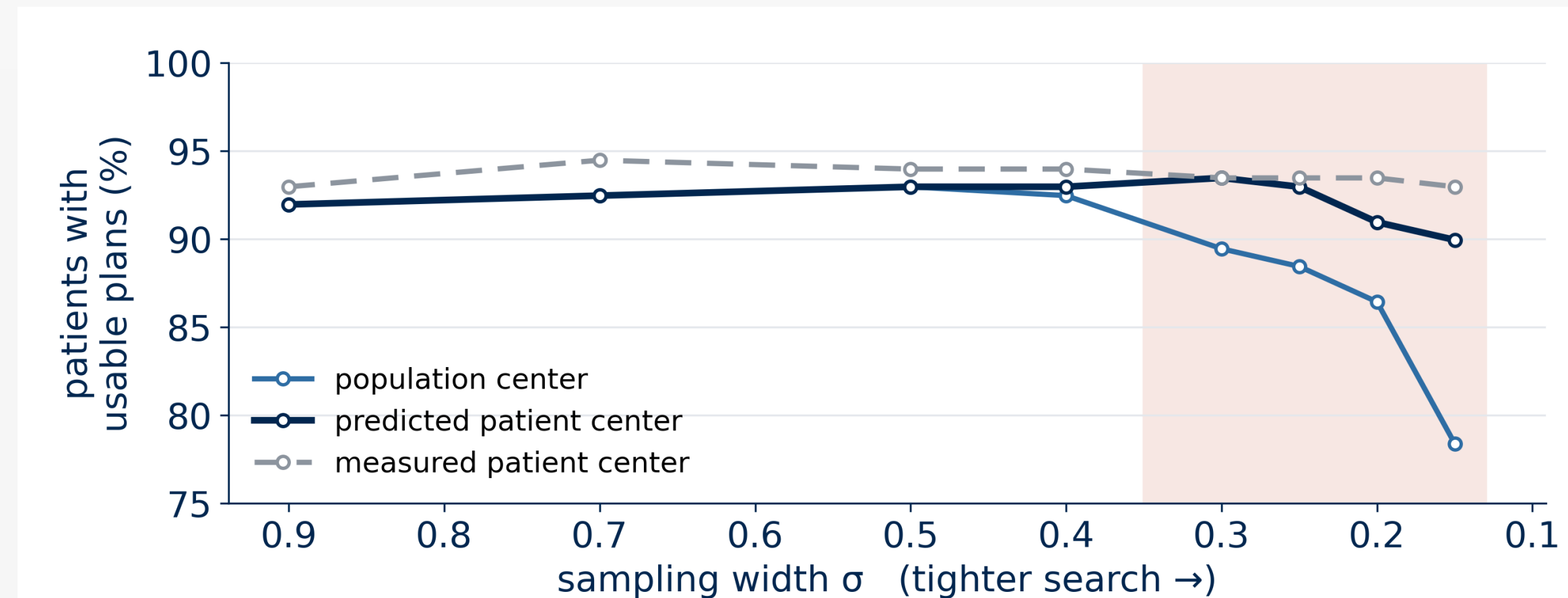


FIG. 5 Fraction of patients with usable plans versus sampling width σ . Predicted centering holds 90% where population centering falls to 78%.

5 PREDICTING THE RIGHT CLASS SOLUTION

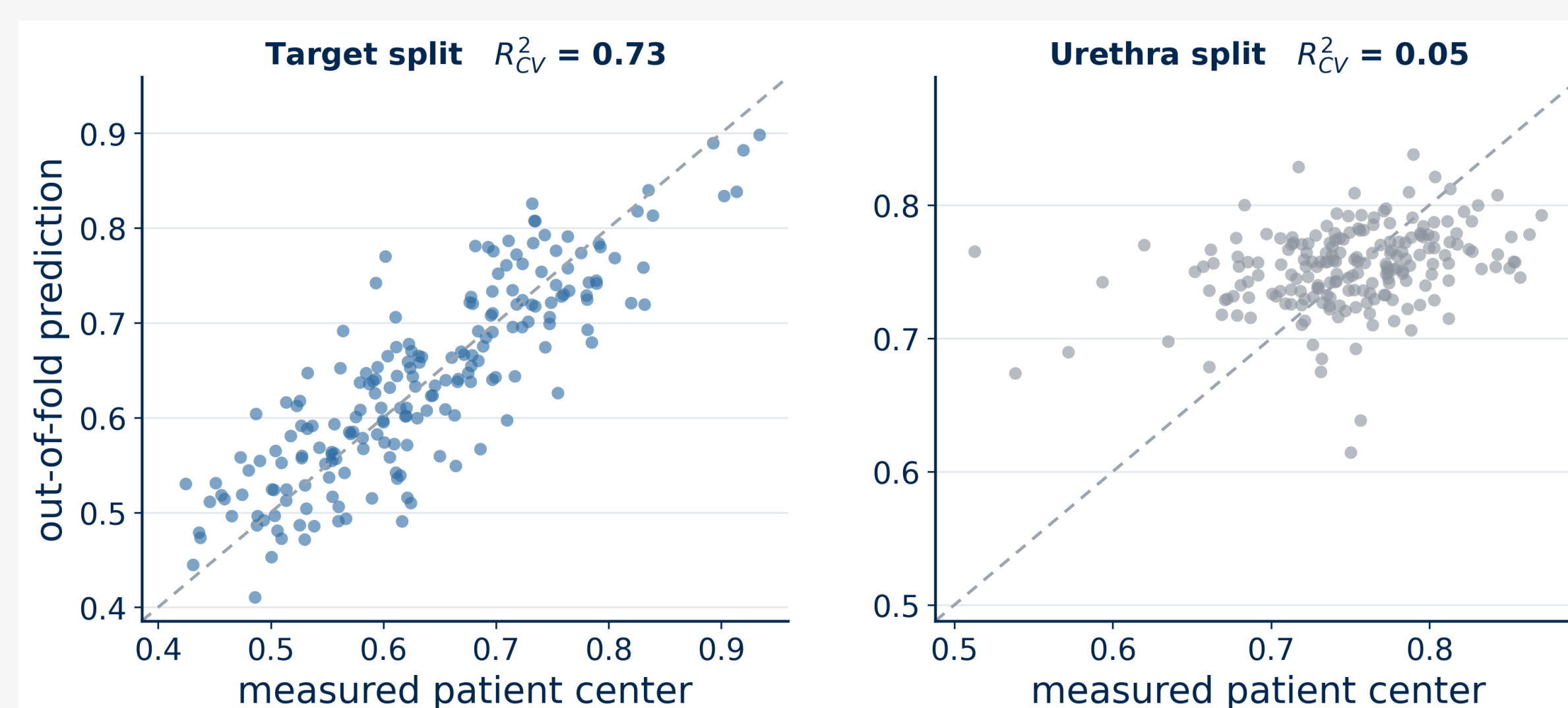


FIG. 6 Out-of-fold predicted versus measured weight center. Geometry captures much of the variation in target split ($R^2 = 0.73$) but not the urethra split ($R^2 = 0.05$).

6 YIELD OF ACCEPTABLE PLANS

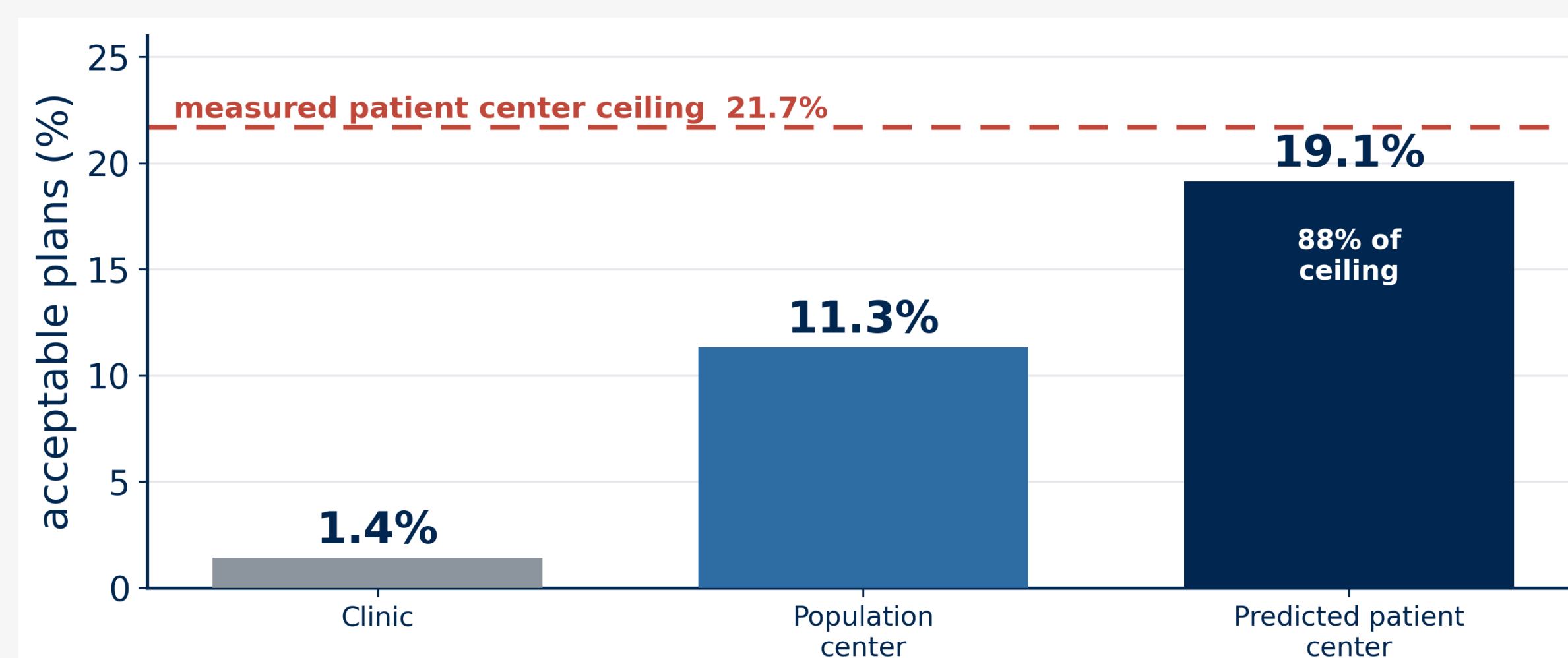


FIG. 7 Yield of clinically acceptable plans on the 60 held-out cohort. Predicted per-patient centering reaches 19.1%, compared to only 1.4% when using the original sampling and starting from the clinical class solution.

CONCLUSIONS

1. gMCO-seed generates 1000 plans in 62 s
2. The clinic's weight distribution is not adapted for MCO. Re-centering the class solution for the population and changing the sampling distribution raises yield from 1.4% to 11.3%.
3. Prostate geometry predicts the target weight split. A predicted-centered class solution reaches a yield of 19.1% : 88% of the 21.7% obtained by optimizing each patient first.

Next steps

- Evaluate optimization behavior under strict clinical constraints
- Optimization on Monte Carlo-based dose grids instead of TG-43

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