

Film Cut-out In-Vivo Dosimetry in Total Skin Electron Treatment

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MOTIVATION AND BACKGROUND

In vivo dosimetry ensures the dose actually delivered matches the prescribed treatment.

Current challenges:

- High cost and labor demands of **TLD systems**
- Limited availability of **OSLDs**
- Barriers for **new clinics** and those in **resource-limited regions**

These limitations raise concerns about **accessibility and equity** in patient care.

Need: Affordable, sensitive, accurate, conformal, and easy-to-process dosimeters.

This study evaluates **film cut-out (FCO) dosimeters** for **total skin electron therapy (TSET)** and proposes a **clinic-ready commissioning workflow** - offering an accessible, high-throughput, and high-quality dosimetry solution for global clinical use.



Spaced 60° apart, treatment includes six positions: ANT, POST, LAO, RAO, LPO, and RPO.

For each position, two beams delivered at gantry angles of 270° ± 18.5° (6MeV) or 270° ± 17.5° (9MeV).

To enhance dose uniformity, patient positioned 25 cm behind a half-inch clear Lexan scatter plate.

Distance from isocenter to scatter plate was 234 cm.

Figure 1: Total skin electron treatment (TSET) setup for the left anterior oblique (LAO) position.

METHODS

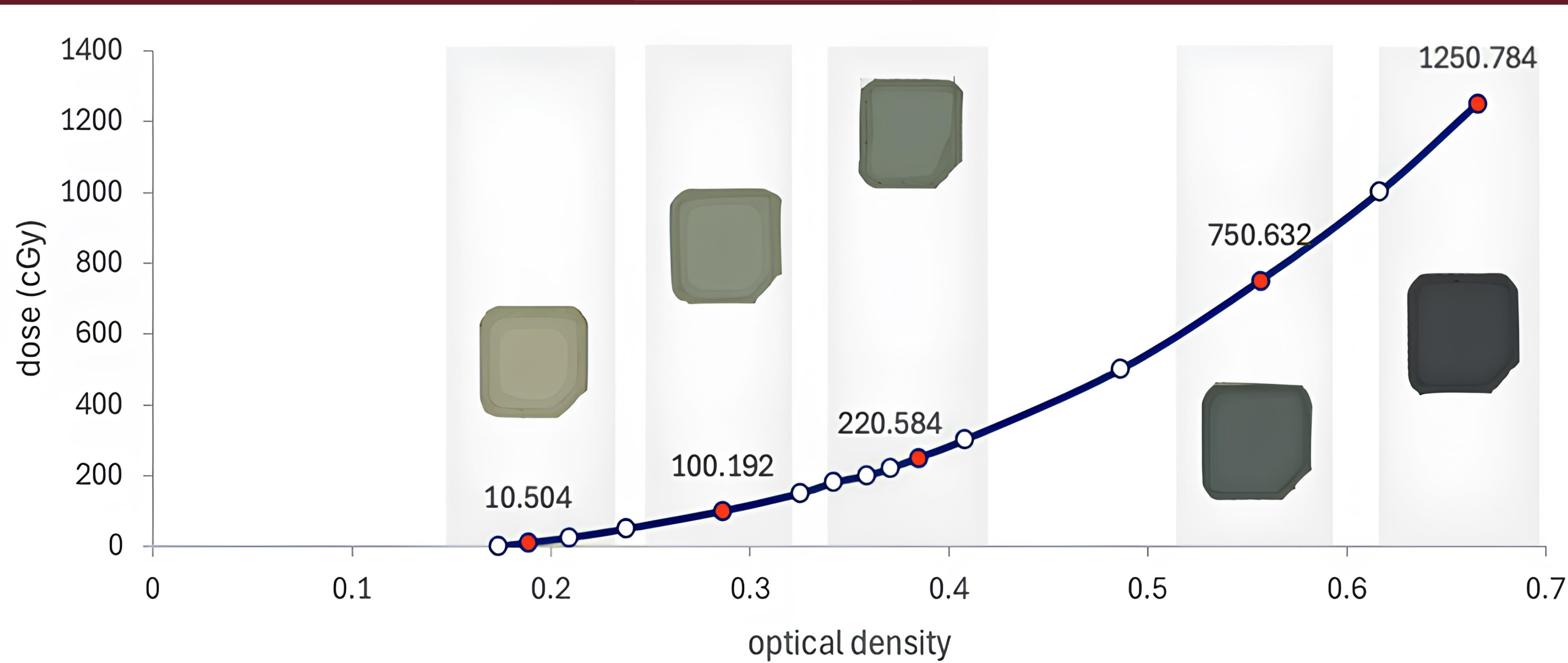


Figure 4: Dose calibration curve for GAFCHROMIC™ EBT3 film. Calibration data was acquired by a 6MV photon beam, 10x10 cm² field size at 10 cm depth (90 cm SSD). Films were scanned 24 hours post-irradiation to ensure color stability. The resulting curve plots known absorbed dose (cGy) as a function of measured optical density.

Skin Dose Uniformity

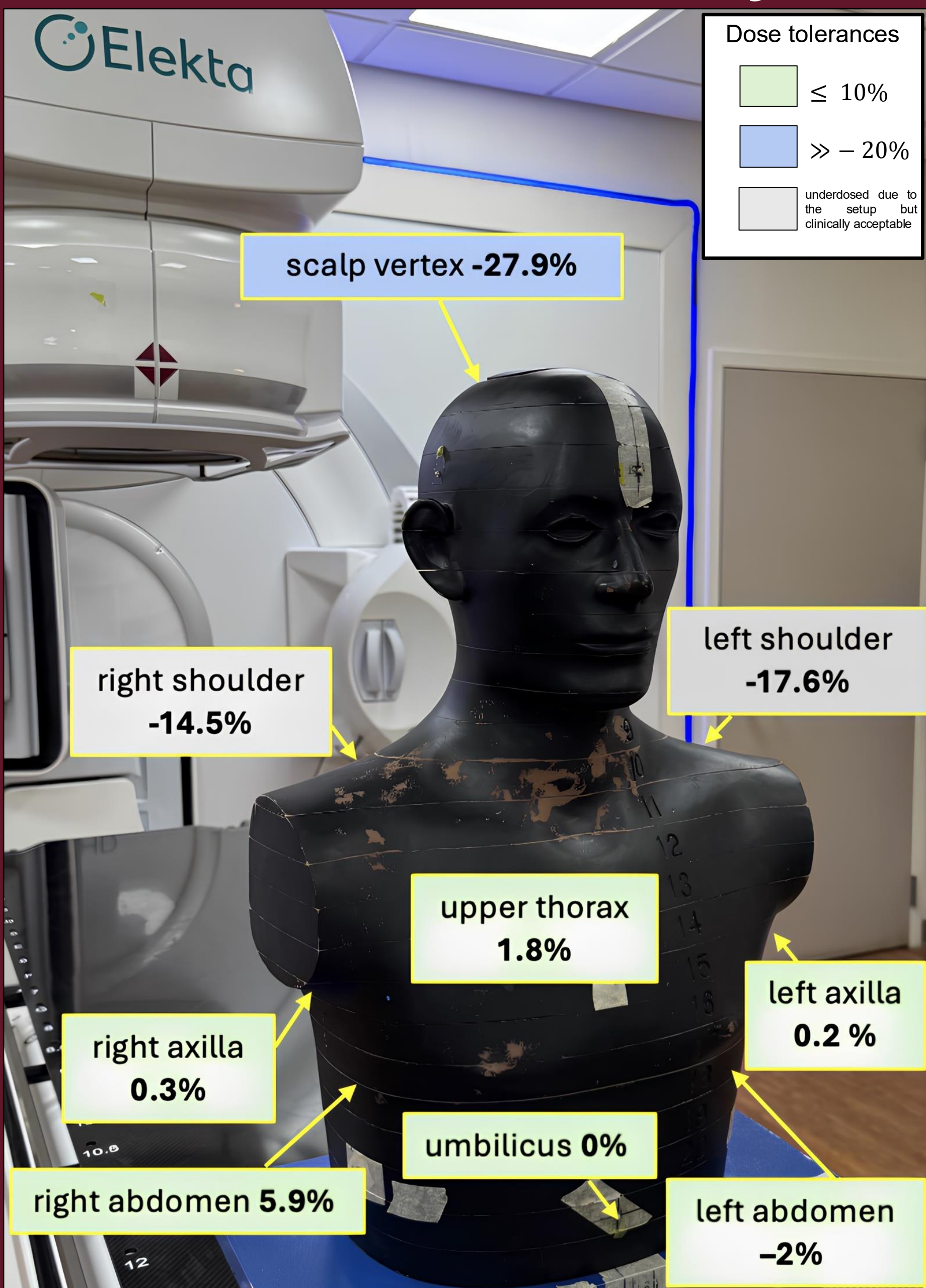
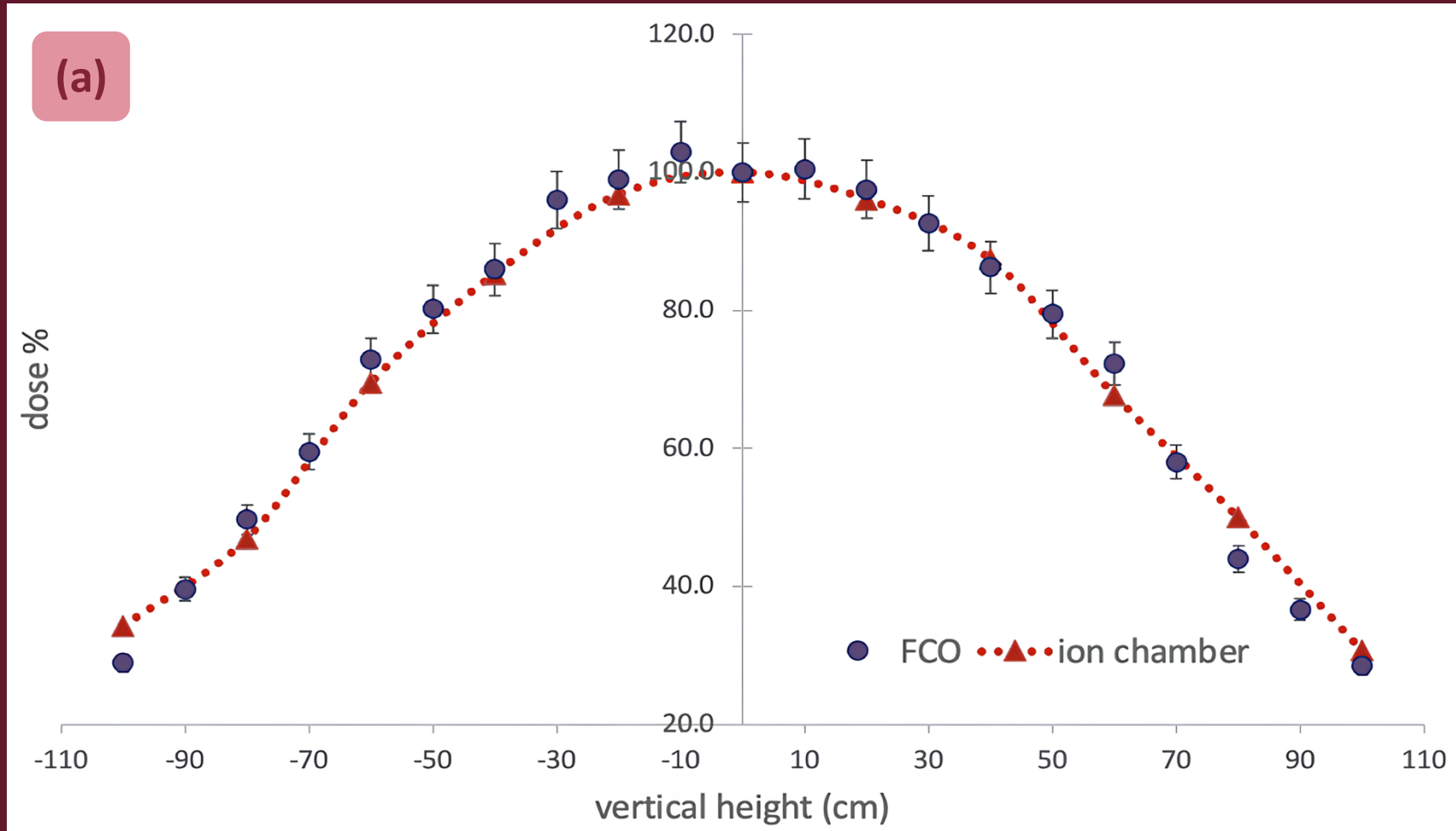


Figure 2: Measurement of skin dose percentage differences on an anthropomorphic phantom RANDO using FCO dosimeters for a 6MeV electron beam. The umbilicus served as the reference point (0%), with its dose determined using both a single FCO and a single OSLD dosimeters. All other measured locations, expressed as percentage differences relative to this reference, were found to be well within clinical tolerance limits.

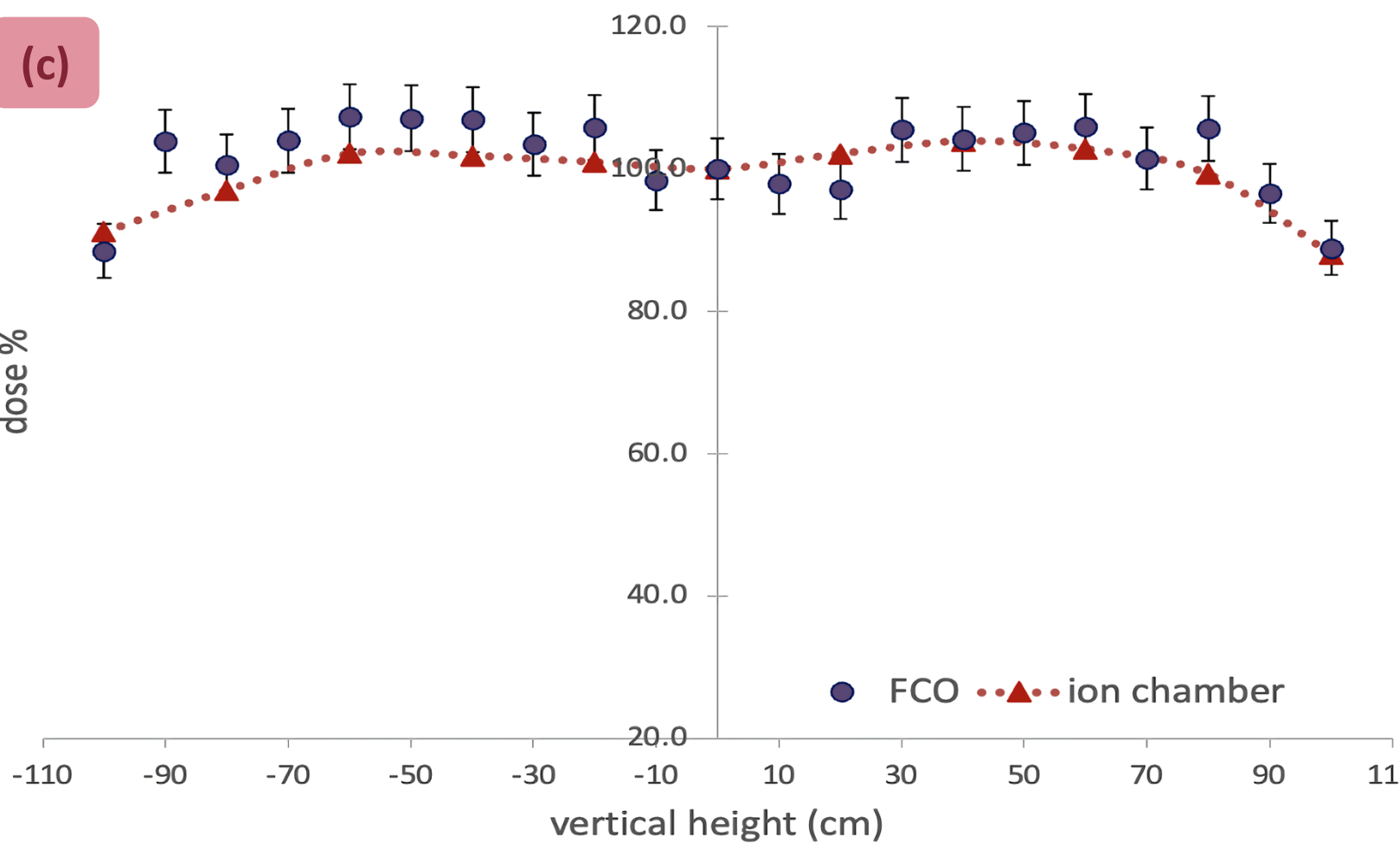
RESULTS

FCO vs Ion Chamber Beam Profiles

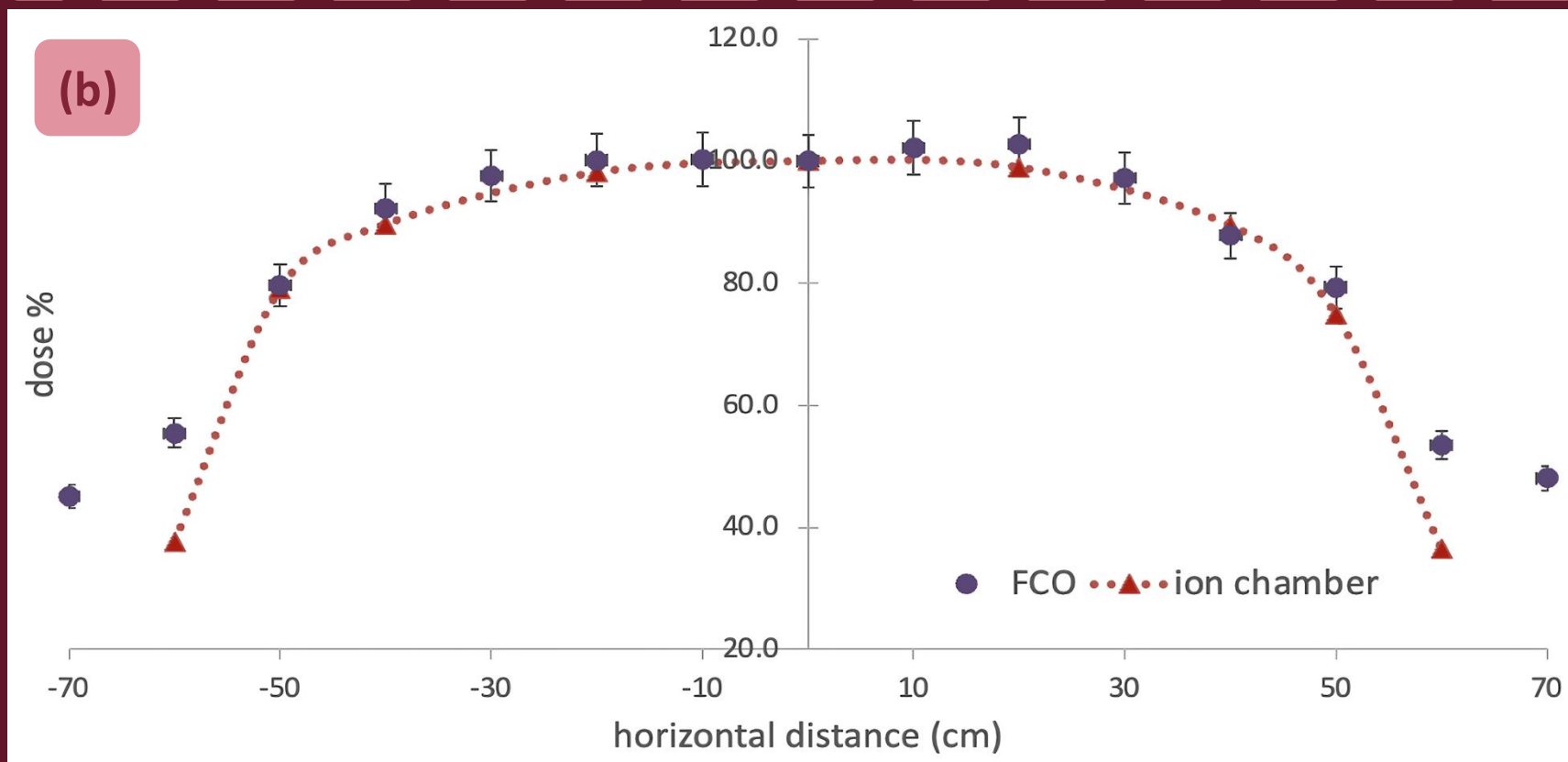
Vertical Profile of Single Lateral Beam at 270° for 6MeV



Vertical Profile of Dual Lateral Beam at 270° ± 18.5° for 6MeV



Horizontal Profile of Single Lateral Beam at 270° for 9MeV



Horizontal Profile of Dual Lateral Beam at 270° ± 17.5° for 9MeV

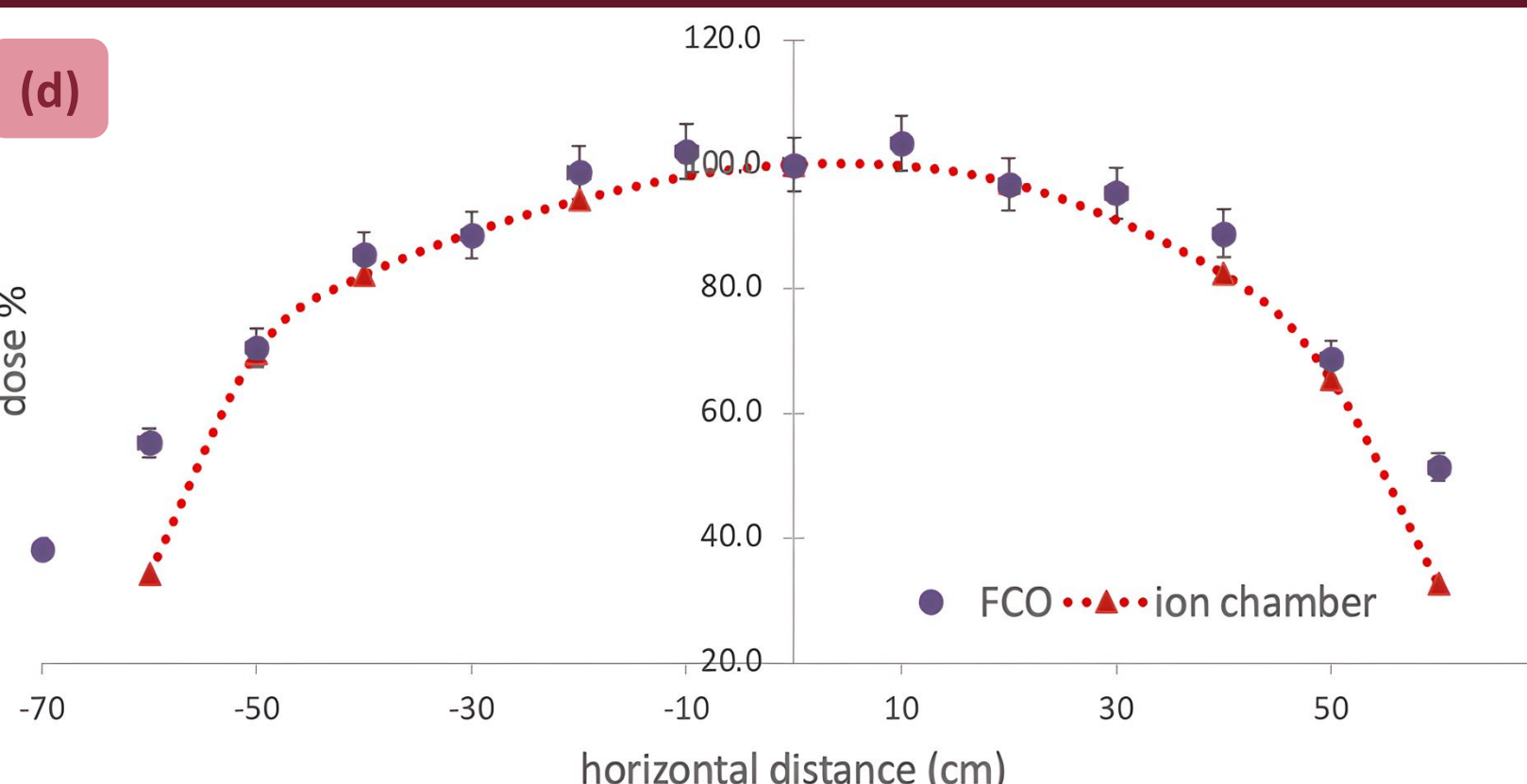


Figure 3:

- (a) FCO and ion-chamber measurements show close correspondence, confirming lateral symmetry and reproducible beam output.
- (b) FCO dosimeters show excellent agreement with ion-chamber measurements, both exhibiting symmetric distribution with well-defined central maximum.
- (c) FCO dosimeters in agreement with ion-chamber show that combined oblique fields produce broadened, uniform dose region, indicating effective dose summation and improved homogeneity.
- (d) Dual-beam configuration yields enhanced lateral uniformity and maintains strong agreement between FCO and ion-chamber results, supporting the suitability of FCO for quantitative beam characterization.

RESULTS CHECKLIST

- ✓ Absolute dose agreed with ion-chamber data within 2.5% in a TSET field behind the scatter plate
- ✓ 6MeV and 9MeV energy agreement, high dose accuracy → 2.5% FCO vs 10% OSLD
- ✓ Superb for dose uniformity verification
- ✓ Low-cost verification with minimal workflow burden \$0.3/ FCO vs \$27/ OSLD

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